



MEDICAL REQUIREMENTS



MEDICAL EXAMINATIONS AND BLOOD TESTS REQUIRED BY SUOMEN AMMATTINYRKKEILYLIITTO (SAN)

A Boxer licensed by any federation that is not an EBU member federation must have the following medical examinations and blood tests required by SAN, valid on the day of the bout and submitted in advance to SAN:

- 1) **Brain MRA** (Magnetic Resonance Angiography) scan or a similar wide-field MRI of the brain, which maps the blood vessels and excludes the risk of aneurysm.

The examination is valid if the doctor's conclusion is a normal state with no pathological finding. Valid for the entire career.

- 2) **General Medical Examination**, completed on the SAN Medical Form, or a similar examination required by Boxer's own licensing home commission.

The examination is valid if the doctor's statement concluding the form is "Fit to Box", the form is signed by both the boxer and the doctor, and if no more than one (1) year has passed since the examination.

- 3) **Brain MRI** (Magnetic Resonance Imaging) scan.

The examination is valid if the doctor's conclusion is a normal state with no pathological finding, and if no more than one (1) year has passed since the examination.

- 4) **Eye Examination**, completed on the SAN Opticians Examination Form, or a similar examination required by Boxer's own licensing home commission.

The examination is valid if the statement of the examiner at the end of the form is "Fit to Box", the form is signed by a doctor or optician, and if no more than one (1) year has passed since the examination.

- 5) **HIV** (Human Immunodeficiency Virus) blood test with a negative result.

- 6) **Hepatitis B** blood test with a negative result.

- 7) **Hepatitis C** blood test with a negative result.

Tests 5, 6 and 7 are valid if the test result is negative and no more than one (1) year has passed since the test, unless SAN at its discretion has decided to require a shorter period of validity based on the Boxer's country of residence.

- 8) **Pregnancy** test using a method of your choice, e.g. blood test or any examination required by Boxer's own licensing home commission.

The requirement only applies to female boxers. To be taken no earlier than fourteen (14) days before the bout and no later than seven (7) days before the bout.

A written document must be submitted to the SAN, which clearly states the person tested, the negative test result and the time the test was taken.

Such a document is accepted as either a) a doctor's statement or b) a laboratory report or c) the Boxer's own written and signed declaration.

Forms - The multi-page SAN Medical Form and the single-page SAN Opticians Examination Form can be downloaded and printed at www.san-proboxing.fi/fairfight or requested by email at office@san-proboxing.fi.

Submission - Documents must be submitted to SAN by email at medicals@san-proboxing.fi.

Test results or medical reports must be submitted to SAN no later than **eight (8) days before** the contest. In special cases, this deadline may be extended, but the request for extension must be made no later than 8 days before the match.

Submission - Documents must be submitted to SAN by email at medicals@san-proboxing.fi.